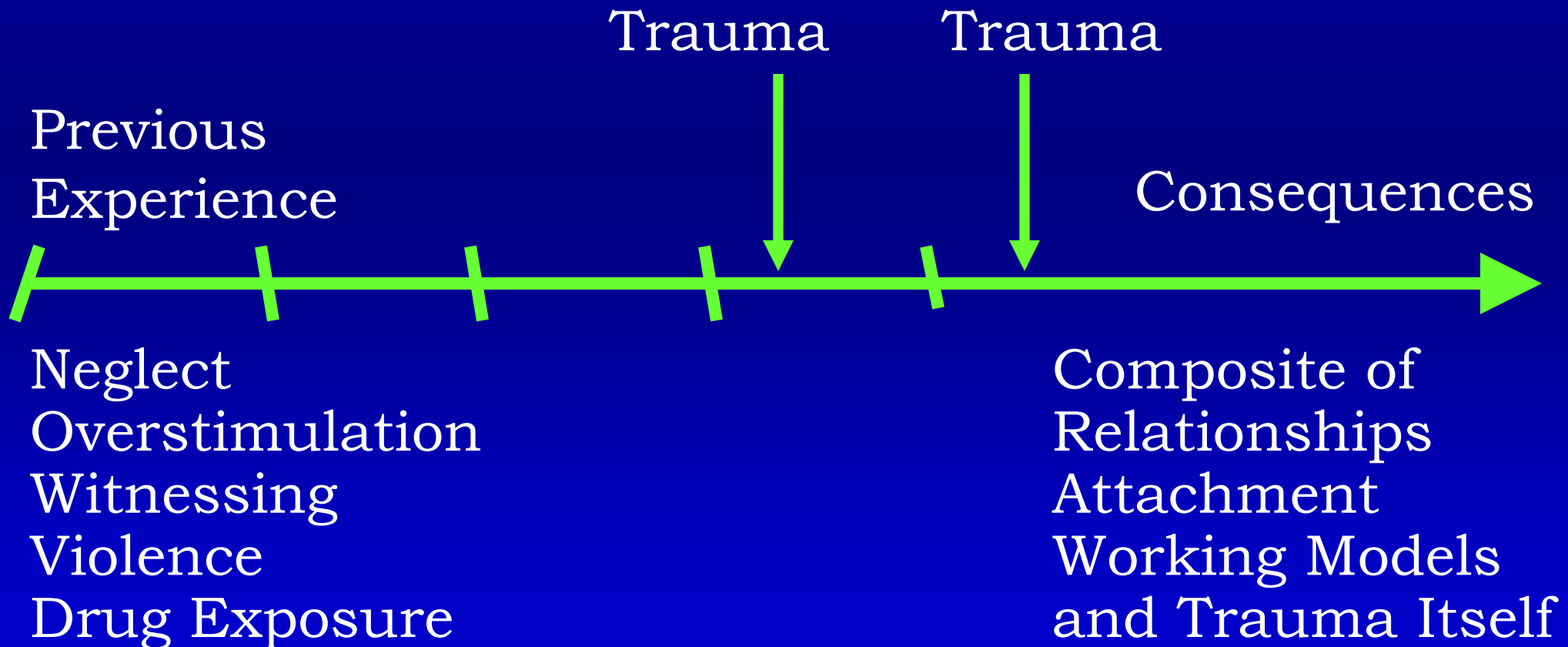


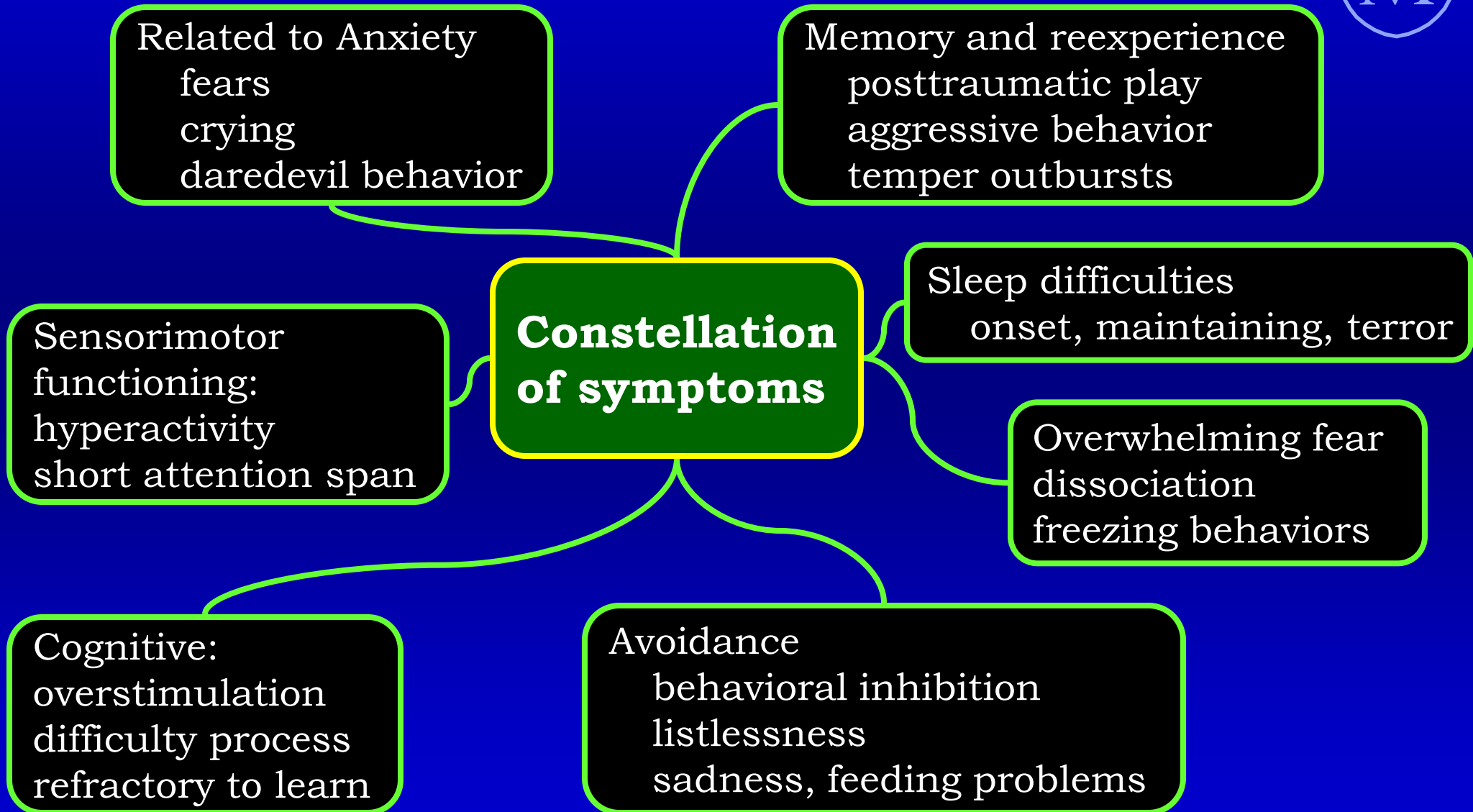
Trauma in Infancy: Multimodal Intervention



The effects of trauma in early childhood



Trauma in Infancy: Multimodal Treatment



Trauma in Infancy: Multimodal Treatment



Levels of Intervention

Provide Safety, Reduce Tension

Provide Normative Experiences

Provide Compensatory Experiences

Promote Adaptive Behavior

Understand and Deal with Symptoms and Regressive Behavior

Trauma in Infancy: Multimodal Treatment



Levels of Intervention

Intervention
with the
Child

Intervention
with Caretakers

May Be
Perpetrators
or Facilitators
of Trauma

Intervention
with Social
Environment

Cultural Milieu

Others
Involved

Trauma in Infancy: Multimodal Treatment

Levels of Intervention II



Dealing with the Effects of Trauma

Sense of
Mastery and
Efficacy

Sense of
Control and
Safety

Working
Through of
Experiences

Re-living
Re-processing

Integration of
Experiences in
Everyday Life

Trauma in Infancy: Multimodal Treatment

Levels of Intervention III



Play

Repetition of
Reassuring
Experiences

Coping and
Gradual
Progressive
Exposure
Small Doses

Relaxation
Biofeedback
Suggestion

Pharmacotherapy

Trauma in Infancy: Multimodal Treatment



Play

Reenactment
Debriefing
Reexperiencing
Exploring

Resolution
Repeated
Controlled
Exposure

Cognitive and
Behavioral:
Offer Solutions
Alternatives
Changing
Vulnerability

Traumatic
Play



Therapeutic
Play
Spontaneous and
Creative

Trauma in Infancy: Multimodal Treatment Toddler and Older Infant



Cognitive and Behavioral Techniques

Narration of Experiences. Lack of Control
Diminish Guilt. Assign Responsibility
Labeling of Feelings. Expression of Feelings
Understanding Reactions and Symptoms
Provide Alternatives.
Behavioral Techniques for Coping and
Changing Behavior

Trauma in Infancy: Multimodal Treatment



Compensatory Experiences

Sensitive
Caretaking

Containment
Reassurance

Help
Self-regulation
and Relaxation

Biofeedback
Hand Temperature
Abdominal Breathing
Muscle Contraction

Coping with Stimuli
and Environment

Massage
Deep Pressure
Sensory Diet
Stimulus Diet

Trauma in Infancy: Multimodal Treatment



Sleeping Problems

Understanding

Reassurance. All Co-sleeping

Responsiveness to Fear and Disruptions

Transitional Objects

Behavioral Intervention. Gradual Mastery

Chaining and Gradual Modification

Pharmacotherapy If Severe

Trauma in Infancy: Multimodal Intervention



Behavioral Dysregulation

Aggression
Temper
Outbursts

Hyperactivity
Short Attention
Span

Dissociation
Freezing Behavior
Cognitive
Resistance

Containment
Symbolic
Expression
Empathy

Play Time
Circles of Communic.
Engagement
Other-Regulation

Holding
Interaction
Integration

Pharmacotherapy

Clonidine
Propranolol
SSRI

Trauma in Infancy: Multimodal Intervention



Sensitization
Empathy
Understanding
Meaning of
Behavior

Caretakers
as
Cotherapists

Intervention
with
Caretakers

Provide
Coaching and
Consultation

Tailor Caretaking
to Emotional
Functioning of
Child and
Developmental
Profile

Practical Alternatives
Working Alliance
Long-term Nature of Problem